



ALOE

wellness month
ARUBA



ARUBA ALOE



Since 1999
World's Finest Aloe

ARUBA

ONE HAPPY ISLAND



Bon bini to Aruba,
your island paradise
where your complete
relaxation awaits!

In the month of June, the One happy island is your host for the third holistic wellness program, the Aloe Wellness Month Aruba. Special hotel deals with on-property activities will have you recharged with invigorating yoga, tai chi and Pilates or by exploring the island with off-property adventures such as organized beach walks and captivating Caribbean nature hikes.

Chefs are excited to prepare nourishing menus as well as orchestrating interactive cooking classes focused on healthy cuisine. Pick up a skill or two by attending local art classes or experience the healing wonders of a relaxing aloe vera treatment at some of the best spas in Aruba.

Aruba's natural calming attributes—warm waters, constant sunshine and tropical temperatures with cooling trade winds—will lift your spirits no matter what you choose.

So get ready to unplug, unwind, relax and rejuvenate by booking these exclusive Aloe Wellness Month offers included in this booklet.

For a complete overview of all the
wellness packages visit
www.aruba.com/aloewellnessmonth



Soon after the aloe vera wonder plant was first introduced in Aruba back in 1840, Aruba became the world's largest aloe exporter as two thirds of the island's surface was covered with aloe vera plants. The first aloe vera plants were planted on 150 acres of land at the Hato plantation, which is still used today for all "Aruba Aloe" products.

Aruba's arid climate provide the perfect conditions for the aloe vera to grow, and intensifies the plants' natural healing properties of minor wounds & inflammatory skin disorders, skin irritations including thermal and radiation burns, bruises, and abrasions.

Aloe has been incorporated into entire lines of skincare products and is further used in the cosmetics industry as a hydrating (moisturizing) ingredient in creams, sun lotions, lip balms, healing ointments, soaps and face masks.

In Aruban folklore, the aloe plays several roles; the plant is sometimes hung at the entrance of a house to "keep out the bad spirits" and some people drink aloe gel every morning with sugar or a small amount of alcohol to "keep their intestines healthy".

Aloe vera has played a big part in improving the health and livelihood of the Aruban community and these benefits are now being shared with visitors from around the world.





Wellness Deals

View each participant's activity schedule on www.aruba.com/aloewellnessmonth

Aruba Canoe

SPECIAL OFFER

10% off morning tours in 8 - 10am

Activity Location: L.G. Smith Blvd. at the Governors Bay on the Beach

Activity Time Schedule: Daily 8am - 10am

Activity Fee: \$50 per person

Phone Number: (+297) 733-8058

Reservations E-mail: info@arubacanoecanoe.com

www.arubacanoecanoe.com

Aruba Outdoor Adventures

SPECIAL OFFER

\$15 off pedal kayaking & snorkeling

Activity Fee: • For 1 person: \$120

• For 1 person: \$110

• For 3 person: \$100

Phone Number: (+297) 749-6646

Reservations E-mail: ArubaOutdoorAdventures@gmail.com

www.arubaoutdooradventures.com

Functional Fitness by Renata

SPECIAL OFFER

15% off group classes

Activity Location: Sun Plaza Mall 121

Activity Time Schedule: Monday to Thursday: 5:30pm - 6:30pm

Activity Fee: \$20 per person

Phone Number: (+297) 592-9223

Reservations E-mail: renatamatarozzi@me.com

www.functionalfitnessbyrenata.com

Terrafuse Aruba Glass Ceramics

SPECIAL OFFER

**\$10 discount on a workshop glass bead making at the Torch!
Make a unique souvenir out of Murrano Glassa**

Activity Location: Turibana 14, Noord

Activity Time Schedule: Every Monday & Thursday 10:00am - 1:00pm

Phone Number: (+297) 592-2978

Reservations E-mail: arubaglassceramics@gmail.com

www.terrafusearuba.com

Happy Buddha Yoga

SPECIAL OFFER

Tourists: 10 days unlimited for \$60

Locals: 10 days unlimited for \$20

Activity Location: Monserrat 5, Noord

Activity Time Schedule: Regular class hours in the morning or evening
(check calendar on homepage)

Phone Number: (+297) 592-8738

Reservations E-mail: happybuddhaaruba@gmail.com

www.happybuddha-aruba.com

Island Cabana SUP Aruba

SPECIAL OFFER

\$10 off per person on SUP Lessons, SUP Rentals and SUP Yoga

Activity Location: Located on the beach between The Ritz-Carlton and the historic Fisherman's Huts.

Activity Time Schedule: Monday to Saturday: 9:30am - 4:00pm

Phone Number: (+297) 593-0166

Reservations E-mail: info@island-cabana.com

www.island-cabana.com



Only this MONTH!

WIN A \$500

ARUBA ALOE GIFT CERTIFICATE

*and enjoy some Aloe Wellness
from the Island of Aloes*

Just sign up through bit.ly/AloeWellnessAruba
or scan the following QR code
for a chance to win!



Sporty Lifestyle Aruba

SPECIAL OFFER

Running tours around the island

Activity Time Schedule: Early morning and late afternoon

Activity Fee: \$10

Phone Number: (+297) 593-4761 / 592-7256

Reservations E-mail: sheryllars@sportylifestylearuba.com

www.sportylifestylearuba.com

Prana Yoga Center

SPECIAL OFFER

Dollars-to-Florins rate for all yoga classes, private sessions, massage and treatments

Activity Location: Zepp Lampestraat 10

Activity Time Schedule: See local yoga schedule and private sessions on website, treatments can be set up

Activity Fee: \$12 per yoga class, \$57 for 1 hour massage

Phone Number: (+297) 661-8133

Reservations E-mail: info@pranaaruba.com

www.pranaaruba.com

Pulse Aruba

SPECIAL OFFER

10 % discount on all treatment sessions and yoga classes

Activity Location: Macuarima 139, Santa Cruz, Aruba

Activity Time Schedule: Regular class hours in the morning or evening (check calendar on homepage)

Activity Fee: Yoga classes \$10 / Treatments \$80

Phone Number: (+297) 740-3123

Reservations E-mail: pulsearuba@gmail.com

Taoist Tai Chi Society

SPECIAL OFFER

Free introductory classes

Activity Location: On the beach, in front of the hotels

Activity Time Schedule: Sunset Hours

Activity Fee: Free of Charge

Phone Number: (+297) 593-4463

Reservations E-mail: icroes.verheyen@gmail.com

Disclaimer: Quoted prices and availability of offers are subject to change without notice and excludes applicable taxes.



Participants

For special hotel deals, please visit aruba.com/aloewellnessmonth or your agent for Aloe Wellness Month packages

HOTEL PARTICIPANTS

- Amsterdam Manor Beach Resort and Spa
- Aruba Marriott Beach Resort and Spa
- Bucuti & Tara Beach Resort
- Hilton Aruba Caribbean Resort & Casino
- MVC Eagle Beach Resort
- Renaissance Aruba Resort & Casino
- The Ritz-Carlton Aruba
- Tierra del Sol Resort & Golf

SPA PARTICIPANTS

- Curiosa Spa
- Eforea Spa
- Mandara Spa
- Okeanos Spa
- Purun Spa
- Spa at The Ritz-Carlton
- The Spa at Tierra del Sol

ACTIVITY PARTICIPANTS

- Aruba Canoe
- Aruba Outdoor Adventure
- Functional Fitness by Renata
- Happy Buddha Yoga
- Terrafuse Aruba Glass Ceramics
- Island Cabana SUP Aruba
- Sporty Lifestyle Aruba
- Prana Yoga Center
- Pulse Aruba
- Taoist Tai Chi Society





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A R U B A



Aruba Tourism
Authority

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